

# @Studio16 - Timetable

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>AM</b>						
<b>6:00</b>		<b>Floor, Balance &amp; Stretch</b>	<b>Bike &amp; Stretch</b>	<b>Floor, Weights &amp; Stretch</b>		
<b>8:00</b>						<b>Tai Chi Floor &amp; Stretch</b>
<b>8:30</b>		<b>Bike &amp; Stretch</b>		<b>Bike &amp; Stretch</b>		
<b>9:00</b>	<b>Weights, Floor &amp; Stretch</b>	<b>Floor, Balance &amp; Stretch</b>	<b>Floor, Ball, Weights, Balance &amp; Stretch</b>	<b>Floor, Balance &amp; Stretch</b>	<b>Poles, Floor, Circles &amp; Stretch</b>	
<b>10:15 (Level 1)</b>	<b>Weights, Floor &amp; Stretch</b>		<b>Floor, Balance &amp; Stretch</b>		<b>Poles, Floor, Circles &amp; Stretch</b>	
<b>PM</b>						
<b>6:00pm (30 mins)</b>		<b>Bike &amp; Stretch</b>		<b>Bike &amp; Stretch</b>		
<b>6:30pm</b>	<b>Floor, Weights &amp; Stretch</b>	<b>Floor, Balance &amp; Stretch</b>	<b>Floor, Ball, Weights &amp; Stretch</b>	<b>Floor, Balance &amp; Stretch</b>		

	Fees
Per month	\$160 (Unlimited Classes)
4 months	\$640 (Unlimited Classes)
8 months	\$1280 (Unlimited Classes)
12 months	\$1760 (Unlimited Classes)

[www.studio16.com.au](http://www.studio16.com.au) - visit our website for more information.

April 2012